

SafePassages presents



The Grief Recovery Method®

Grief Recovery Group

The Action Program for Moving Beyond Death, Divorce, and Other Losses

- Death
- Divorce or end of a relationship
- Loss of a career
- Loss of trust
- Loss of faith
- Loss of safety
- Loss of health

Myths about grief

- * *Time heals all wounds*
- * *Replace the loss*
- * *Grieve alone*
- * *Be strong for others*
- * *Bury your feelings*

8 WEEK PROGRAM

Mondays, February 5th – March 26th

7:00 – 9:00

through the Pastoral and Care Committee of the
Unitarian Universalist Church at Washington Crossing
268 Washington Crossing-Pennington Road
Titusville, NJ 08560

People say you have to let go and move on in your life, but they don't tell you what you need to do to accomplish that. The Grief Recovery Method® Outreach Program not only makes that possible, but provides partnerships and guidance to ensure that it happens.

For further information call:

Caryl Tipton • Certified Grief Recovery Specialist®

609-631-7884 or go to www.safepassages.xyz